



## **Objectives**

At the end of this conference, participants will be able to:

- Build an overview of the state of rural health in KY
- Understand current initiatives to improve rural health services in KY
- Become a skilled advocate & promoter for rural health at the local, regional, and state levels

Notice: Presentations and speakers subject to change.

### **Target Audience**

Physicians, Physician Assistants, Dentists, Respiratory Therapists, Nurses, Nurse Practitioners, Nursing Home Administrators, Physical Therapists, Pharmacy, Psychology, Emergency Medical, Certified Health Educators, and other interested healthcare professionals

## **Attendance** Requirement

Must stay for entire session and complete a evaluation to be awarded contact hours.

## Agenda

## Thursday, November 15, 2018

7:00 - 9:00 am cst Knicely West Lobby

**Exhibitor Setup** 

8:00 am - 5:00 pm Knicely West Lobby

**Registration Open** 

9:00 am - 10:00 am

**Exhibit Hall Open** 

Knicely West Lobby **TBA** 

**Silent Auction Opens** 

9:00 am - 9:30 am

**KRHA Membership Meeting** 

Auditorium

Noel Harilson, Matthew L. Hunt, & Tina McCormick

10:00 am - 10:15 am Opening Ceremonies Rm 208 A-F

Noel Harilson & Tina McCormick

10:15 am - 10:30 am Welcome to Bowling Green

Rm 208 A-F

Rm 208 A-F

10:30 am - 11:45 am Keynote Address: Toward a Healthier Kentucky Ben Chandler, President/CEO - Foundation for a Healthy Ky

11:45 am - 12:15 pm Networking Break/Exhibit Hall Open Knicely West Lobby

11:45 am - 12:15 pm Research Poster Session Regency Room

12:15 pm - 1:15 pm Lunch

Rm 208 A-F

From Research to Policy: How do we make the Connection?

Frances Feltner, DNP, MSN, RN, FAAN

Director of UK Center of Excellence in Rural Health

1:15 pm - 1:30 pm **Transition Break** 

## 1:30 pm - 2:30 pm Break Out Sessions

Session 1 Rm 208 GH Strategies to Educate the Community on the Opioid Epidemic Elizabeth Stearman - Director of Behavioral Health, Anthem. Inc.

A Free online toolkit designed specifically to help non-profits, faith-based groups, parents and others keep their communities safe by preventing opioid misuse and addiction - especially among young adults.

Session 2 Rm 208 IJ

**Engaging the Front Desk Staff** 

Sharon Shover, CPC, CEMC- Blue & Co., LLC

This presentation will review and recognize the value of Front Office Desk Staff and how their reactions will reflect upon the patient's healthcare experience.

Session 3 Rm 163 B

Adapting to Change and Value-based Care = Opportunity

Lisa Kilawee VP Strategic Alliances - Caravan Health

Heather Geary, RN - ACO Champion/Pop Health Nurse Ohio Co. Hospital

This session will describe Ohio County Hospital's journey from fee-for-service to a value-based payment model and provide lessons learned and key take-aways other hospitals can use.

Session 4 Cont. Rm 163 C **CommUNITY Brings Resources & Empowerment to Rural Counties** Mona Huff- Community Organizer

Bringing partners together to share information, help model best practices, and work closely with medical practices to assess patient's needs, coordinate community-based support services, and provide interdisciplinary care.

### 1:30 pm - 2:30 pm Break Out Sessions Continued

Session 5

Research Poster Session - Facilitated by Melissa Slone - UK CERH

Regency Rm

Session 6

**Hepatitis A** 

**Auditorium** 

Doug Thoroughman, PhD, MS; US Public Health Service, CDC Career Epidemiology Field Office

2:30 pm- 2:45 pm **Transition Break** 

## 2:45 pm- 3:45 pm Break Out Sessions

Session 1 Rm 208 GH How a Regional AHEC Turned a Single Opioid Educational Activity into a Series of Funded Projects

David A. Gross, MPA- Director, Northeast KY AHEC

KaSandra N. Hensley- Education Coordinator, Northeast KY AHEC

Discuss the NE KY AHEC's opioid education project and subsequent opioid-focused initiatives, including a prescription misuse prevention effort targeted toward high school and college students.

Session 2 Rm 208 IJ Evidence Based Self-management Programs Delivered in a Nurse Led Community Health Worker Lay Leader Model in Rural Appalachia

Frances Feltner- Director, UK Center of Excellence in Rural Health William Mace Baker, BA, RN- Kentucky Homeplace Director Kala Gilliam, AA- Kentucky Homeplace Community Health Worker Darla Shepherd, AA- Ky Homeplace Community Health Worker

This panel will discuss barriers rural Appalachian residents face and how these were overcome through various partnerships within the state and how the CHWs connection to the participant's communities increased participation.

Session 3 Rm 163 B

Staying Ready for a RHC Survey

Kate Hill, RN- VP Clinical Services at The Compliance Team

Listeners will understand all Federal RHC regulations and how to incorporate them into every day clinic life so that they are always survey ready.

Session 4 Rm 163 C

Kentucky TeleHealth, the transition from the Ky TeleHealth Network Board to oversight by the Cabinet for Health and Family Services

Tim Bickel CTPM-TeleHealth Director Ky TeleHealth Network U of L Rob Sprang, MBA-TeleHealth Director, Ky TeleHealth/TeleCare Network Donna Veno- TeleHealth Board Administrator Strategic Services

Deborah Burton, MA, PhDc - Manager, Telehealth Strategy & Business Development,

Chair of the Kentucky Telehealth Network Board

Since the passage of SB112, this legislation is allowing expanded reimbursement to most all health care providers. Allowing patients expanded access to specialty, primary and urgent care services.

Session 5 Regency Rm Research Poster Session (Continued) - Facilitated by Melissa Slone - UK CERH

Session 6

Vaccine Storage and Handling Update

Laura Harrod, Coordinator, Ky Immunization Program **Auditorium** 

Influenza Update

Troi Cunningham, RN; Nurse Consultant, Ky Immunization Program

3:45 pm- 4:15 pm Knicely West Lobby Regency Rm

**Networking Break/Exhibit Hall Open** 

Research Poster Hall Open

4:15 pm- 5:15 pm Rm 208 A-F

**Exploring Overdose Mortality and Contributing Factors through** 

an Interactive Mapping Tool

Michael Meit MA, MPH- NORC Walsh Center for Rural Health Analysis

5:15 pm- 5:30 pm Rm 208 A-F

**Announcements** Tina McCormick

6:00 pm **Silent Auction Closes/Exhibit Hall Closes** 

#### Silent Auction

KRHA invites you to participate in our silent auction on Thursday, November 15, 2018.

The proceeds will benefit Student Chapters and other student activities!

The auction closes at 5:30 pm and all payments must be made by Friday morning, November 16, 2018.

If you are donating, please drop off items to the auction table located in/near the exhibit hall before 9:00 am Thursday, November 15, 2018.

### **Special Needs**

Food allergies are serious, please be sure to mark your registration if you have any allergies that we must order a special meal for you. In the event that you come to conference and have not informed of your request, we may not be able to accommodate your needs.

NOTE: At the time of this printing, a complete listing of commercial supporters was not available

Appropriate acknowledgment will be given to all supporters at the time of the meeting.

## Agenda

## Friday, November 16, 2018

6:30 - 7:30 am Fun Run/ Walk

Hyatt Place Main Lobby 7:30 am-10:00 am

Knicely West Lobby

**Registration Open** 

7:30 am - 8:30 am Knicely West Lobby

Continental Breakfast

### 8:00 - 9:00 am Break Out Sessions

Session 1 Rm 208 GH

#### Addressing Social Determinants of Health through Nutritional Deficiencies in the Rural Community

Rob Arnold, MS - Prevention & Wellness Coordinator Aetna Better Health of Ky This presentation will provide an overview of the problem and detailed, evidenced based best practices to help resolve this major area of health.

Session 2 Rm 208 IJ

# Preventing Lung Cancer through Collaboration: Tobacco and Radon Risk Reduction

Ellen J. Hahn, PhD, RN, FAAN- Professor & Director, BREATHE

William C. Haneberg, Ph.D., P.G- State Geologist and Director; Research Professor of Earth & Environmental Sciences

Clay Hardwick, MA- State Radon Coordinator; Cabinet for Health and Family Services

Elizabeth Anderson-Hoagland, MPH- Youth Tobacco Prevention; Kentucky Tobacco Prevention & Cessation Program

Discuss opportunities for innovative cross-collaborations in rural Kentucky to integrate radon and tobacco control programming to reduce tobacco and radon risk to prevent lung cancer.

Session 3
Rm 163 B

# HIPAA Security Breaches and Minimizing Your Risk Amy Daley, CHPS HIT Advisor - Kentucky Regional Extension Center

Kentucky Regional Extension Center will offer an actionable framework for practices and hospital staff to use to reduce their privacy and security risks.

Session 4
Rm 163 C

# Financially Distressed Rural Healthcare Organizations Trends, Issues To Be Aware Of, and Strategies

Billy Hopkins, Esq. and CPA- Attorney, Wyatt, Tarrant & Combs, LLP Neal B. Curtis- Attorney, Wyatt, Tarrant & Combs, LLP

Discuss potential liabilities that directors and officers face in the event of a health care institution's impending closure, and explain how to plan and control.

Session 5
Regency Rm

# Healthalachia: Rural Appalachian Youth Creating Solutions for our Future

Frances Feltner, DNP, MSN, RN, FAAN- Director Melissa Slone, MSW- Clinical Faculty Beth Bowling, RN- Rural Project Manager Rose Shields, BS- Rural Project Manager UK Center of Excellence in Rural Health

Healthalachia, a student-based research initiative, was used to engage three high school research teams to identify a health or social problem they wanted to address collectively.

Session 6
Auditorium

#### **Immunization Myths and Concerns**

Ruth Carrico, PhD, DNP, APRN, CIC - University of Louisville

### 9:00 am- 10:00 am Break Out Sessions

#### Session 1 Rm 208 GH

#### **Outpatient Antimicrobial Stewardship**

Michael J. Smith, MD, MSCE- Associate Professor of Pediatrics; Pediatric Infectious Diseases; Medical Director Pediatric Antimicrobial Stewardship; Duke University Medical Center

Navjyot K. Vidwan, MD, MPH- Director of Antimicrobial Stewardship; Norton Children's Hospital; Division of Pediatric Infectious Diseases; University of Louisville

Bethany Wattles, PharmD- Clinical Pharmacist; Child & Adolescent Design and Support Unit; University of Louisville, Department of Pediatrics

Our goal is to equip Kentucky providers with the knowledge and resources necessary to implement effective antimicrobial stewardship strategies in their practice. Recommendations for interventions will reflect the following Core Elements, as outlined by the CDC: commitment, action, tracking and reporting, education and expertise (Sanchez, 2016).

#### Session 2 Rm 208 IJ

### The Hard Truth – Treating the Opioid Epidemic

Lisa English Hinkle- Member, McBrayer, McGinnis, Leslie & Kirkland PLLC Chad Thompson- Associate, McBrayer, McGinnis, Leslie & Kirkland PLLC

As the opioid epidemic continues to take its toll across rural Appalachia, the best soldiers in this battle remain the medical professionals committed to caring for these populations in Rural Health Clinics and other rural medical settings. This disproportionately places the burden on RHCs, which may not be fully compensated for the costs associated with treating opioid dependency.

# Session 3 Rm 163 B

Rural Healthcare Accessibility for Individuals with Disabilities
Patrick Kitzman MSPT, PhD- Professor, University of Kentucky
Christina Espinosa-Bard BA, MA- Community Education Director,
UK Human Development Institute, University of Kentucky
Jason Jones, BA- Project Coordinator for Kentucky Works
Partnership Human Development Institute, University of Kentucky

Define mobility, communication, and intellectual disability. Discuss the current challenges facing the population with mobility, communication, and intellectual disabilities in accessing healthcare in their rural communities. Discuss examples of changes rural healthcare providers can implement quickly to begin to address the needs of individuals with disabilities in their rural communities.

## Session 4 Rm 163 C

#### The Healthcare Industry by the Numbers

Simona Balazs, MS Research Director CEDIK University of Kentucky SuZanne Troske, MS- Research and Data Analyst CEDIK University of Kentucky

The industry overview includes key economic indicators that allow communities to understand the magnitude of the industry in terms of number of businesses, employment, revenue, and its competitive advantage. The data help describe the current businesses and identify past trends in order to predict future ones.

# Session 5 Regency Rm

#### TBA TBA

# Session 6 Auditorium

#### Adolescent Immunization

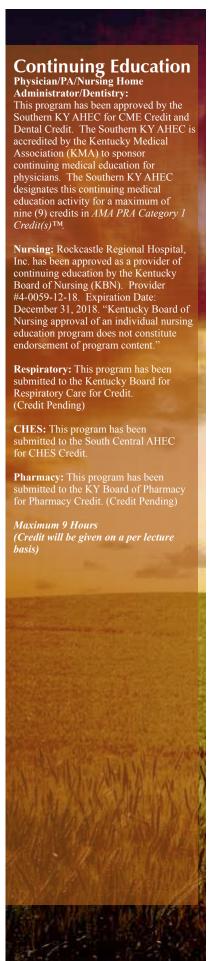
Victoria A. Statler, M.D., M.Sc.- University of Louisville

### **Exhibitors**

We invite you to exhibit at the 2018 KRHA conference. The exhibit area will be located in the main lobby outside the main meeting rooms. Booth space is limited and is awarded on a first come, first serve basis.

Booth Includes: one six-foot skirted table, two chairs and electricity (if required). Other booth amenities are available at your expense. Meals included for two individuals included in exhibit fee. Exhibits exceeding two individuals must register each additional person at the standard registration rate.

For more information contact Tina McCormick at (270) 577-1707



#### Friday, November 16, 2018 cont...

10:00 - 10:15 am Transition Break

10:15 am-11:15 am General Session

*Rm 208 A-F* rural Promising Practices

Nancy Dailey, Operations Director VORH Veterans, Rural

Health Resource Center

11:15 am-12:15 pm General Session

Rm 208 A-F

General Session

A Health Crisis in Rural America – What is the

Federal Response?

Maggie Elehwany, Government Affairs and Policy Vice

President, NRHA

12:15 am-12:30 pm

Rm 208 A-F

Closing Remarks Matthew L. Hunt Tina McCormick

## Registration Cost

### **KRHA Member Advance Registration – \$125.00**

Late Registration (after November 1, 2018) – \$175.00

Non- KRHA Member Advance Registration – \$175.00

Late Registration (after November 1, 2018) – \$225.00

Student KRHA Member – \$45.00

Student Non-KRHA Member – \$55.00

**Conference Sponsor – \$1,000.00 - 2,500.00** 

Exhibitor - \$350.00

Exhibit forms are available on the KRHA website.

Presenter Rate – \$125.00

Presenters receive the member rate



Register online at: www.kyrha.org

## Registration Form

or register online at www.kyrha.org

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undersigned as the re- or during any event sp assigns, is more parti- in the event sponsored releases and agrees to whatsoever for any pr undersigned and to in	sult of property of ponsored by the cularly set out he by KRHA as me indemnify KRH operty damages demnify KRHA;	damage, bodily in Kentucky Rural I ereinafter. In con ore particularly s IA, its representa , bodily injury or from any claim fo	Health Association (Ki asideration for the inve set out above, the unde tives and officers, for a death caused by the p or property damage, bo	d by the undersigned at RHA), its successors and olvement and participation ersigned hereby discharge, all claims and demands	

party and accepts the same "as is" which is binding upon the undersigned, their heirs, successors and

Date:

assigns and can only be amended by written agreement of all parties.

Participant Signature:

# **Hotel Information Hilton Garden Hill** 1020 Wilkinson Trace Bowling Green, KY 42103 Phone: 270.781.6778 www.hiltongardeninn.com Group Block Code: KRHA Nightly Rate: \$119 plus tax **Hyatt Place** 1347 Center Street Bowling Green, KY 42101 Phone: 270.467.0001 www.bowlinggreen.place.hyatt. Group Block Code: KRHA Nightly Rate: \$95 plus tax **Payment Information** Make check or money order payable to the KRHA & mail with your completed registration form. Send paper forms to: Tina McCormick Kentucky Rural Health Association 36 South Alvasia Henderson, KY 42420 Cancellations before November 9, 2018 will be refunded. Cancellations after this date and no-shows will not receive a refund. Questions? Contact: Tina McCormick krha@twc.com or (270) 577-1707

Tina McCormick Kentucky Rural Health Association 36 South Alvasia Henderson, KY 42420

