


TeleHealth-pardy				
TeleHealth 101	Clinical Facts	Education	Legislative	KTHN
\$100	\$100	\$100	\$100	\$100
\$200	\$200	\$200	\$200	\$200
\$300	\$300	\$300	\$300	\$300
\$400	\$400	\$400	\$400	\$400
\$500	\$500	\$500	\$500	\$500

Final TeleHealth-pardy

TeleHealth 101

1 - \$100

- Where can I go if I'm interested in starting a TeleHealth program?
- There are many resources. Kentucky TeleHealth Resource Centers are an excellent first step.



1 - \$200

- Besides the Kentucky TeleHealth Network, where else can I find information about TeleHealth?
- Some telehealth rules and regulations are national and many are unique to each state so be careful when looking at the Internet. For Kentucky, the Mid-Atlantic Telehealth Resource Center (MATRC) is helpful and there are some national collective 50 state reports that can give you information specific to Kentucky.



1 - \$300

- Is there one vendor or product that will fit my technical needs?
- Develop your use case first and select technology based on your application. Be careful to establish exactly what you want to accomplish before choosing your technology. Sometimes your best solution may be a combination of technologies. Remember, a successful program may need interoperability with locations using different technologies. Consider twice before using proprietary technology. Vendors can be helpful. Always work with more than one partner and perform your due diligence.



1 - \$400

- Is it "TeleHealth" or "TeleMedicine"?
- Traditionally, TeleMedicine has been used to refer to clinical Provider/Patient encounters and TeleHealth encompassed other educational, collaborative and administrative activities as well as the clinical function. Just be clear when communicating your focus.



1 - \$500

- What guarantees a successful TeleHealth Program?
- 1) You MUST have Executive Administrative support.
- 2) Your providers must be on board and involved with the project.
- 3) Know your market demand. Do you have enough patient population with access?
- 4) Know your partners. Referral sources, patient site locations, technical and vendor support.
- 5) Create a financial model that makes sense, including reimbursement.



Clinical Facts

2 - \$100

- What type of clinical activity can be performed using TeleMedicine?
- Any patient/provider encounter that does not jeopardize the quality of the assessment/diagnosis and follows the ethical standards of "best practices" established by the provider's licensure board.
- We have not found something we can't do.



2 - \$200

- What is the #1 consideration of the provider before starting a TeleHealth practice for Kentucky patients?
- The provider MUST have a license to practice medicine in Kentucky.



2 - \$300

- What are 4 types of TeleHealth clinical encounters?
- Synchronous - Live video and interactive
- Asynchronous – Store and Forward
- Remote patient monitoring
- Mobile or mHealth



2 - \$400

- Do I need expensive equipment to conduct a TeleMedicine clinic?
- It depends on the consulting service you are providing or if you are the presenting patient location. You may only need a small web camera or you may use a multitude of peripheral devices ranging from less than \$100 to several thousand.



2 - \$500

- What is the best advice for establishing TeleMedicine protocols for my provider(s)?
- Keep it simple. Yes there are different logistical issues to address, (scheduling, referral/consent forms, staffing, technical concerns, charting, billing, credentialing, etc.). If the TeleMedicine encounter becomes too cumbersome because of the logistics, the TeleHealth project is being set up to fail.
- Adapt telehealth to each provider, rather than have each provider adapt to telehealth. You can have two providers of the same specialty that perform telehealth differently.



Education

3 - \$100

- When did TeleHealth begin?
- In 1879, an anonymous writer described a case where a doctor successfully diagnosed a child over the telephone in the middle of the night. (Lancet)
- In the modern era (1960's), astronauts had health monitors built into their space suits



3 - \$200

- How was the first video TeleHealth classroom conceived?
- It began in 1971 as courses offered by The Open University (OU) in the United Kingdom. The first semester enrollment totaled 25,000.



3 - \$300

- What educational offerings can I find in Kentucky?
- There are many:
 - Medical students clerkships include rural rotations regularly attending classes with live video.
 - Continuing Education Courses (many FREE) are offered to MD, DO, Nursing, Therapists, etc. from the major medical schools in Kentucky.
 - Patient offerings such as smoking cessation, Alzheimer caregiver programs, MS education for patients and family, etc. are offered at many locations.



3 - \$400

- What are a couple of reasons why TeleHealth education is so important today?
- To educate new medical professionals in order to fill an ever shrinking provider population. As our general census is growing, we are still limited in the number of providers that are graduating.
- With ever changing technologies and medical practices, current healthcare providers need easy access to training for those new procedures.



3 - \$500

- How can I find out more about TeleHealth educational opportunities?

- Contact your friendly Kentucky TeleHealth Network Resource Center. They are a plethora of information.
- www.kytelehealth.net



Legislative

4 - \$100

- Is it legal to practice TeleMedicine in Kentucky?

- Yes, although there are many Federal and State statutes, regulations and Board guidelines affecting who, what, when, where and how TeleMedicine can be practiced.



4 - \$200

- Why does it seem there are so many restrictions to practicing TeleMedicine?
- Although TeleHealth laws are not rolled out exactly as the phases of a new drug trial by the FDA, the concept is the same. Considerations on the affects of patient outcomes, reimbursement, provider licensure, secure technologies, documentation, illegal practices (pill mills), provider access and population can all have a slowing affect on how quickly TeleMedicine practices can be legislatively implemented.
- Kentucky's Medicaid program is much less restrictive on telehealth than Medicare



4 - \$300

- What is important about KRS 194A.125?
- This is the Statute that created a TeleHealth Board, funded expansion of sites and technology for the entire state as a catalyst to the over 1,000 locations involved in TeleHealth today.



4 - \$400

- What is important about KRS 304.17A?
- Kentucky was the first state in the country with legislatively mandated Medicaid and Commercial Health plan reimbursement for telehealth.



4 - \$500

- What is important to know about 907 KAR 3:170 ?
- This is the Medicaid regulation that requires both sides of the encounter to be KTHN sites. Not all services were covered in this law. Mid-level professionals, social workers, psychologists, Dental, OT, PT, SLT, Nursing, Counseling and other services and/or facilities were not included. Some boards not mentioned in the regulation have sponsored their own legislation to include reimbursement for TeleHealth.
- There are no regional restrictions base on qualifying statistics like those found in MediCARE guidelines.



KTHN

5 - \$100

- What does KTHN stand for?
- The Kentucky TeleHealth Network, serving the KTHN Board. Both provide support to increase access to healthcare for all Kentuckians no matter where they live.



5 - \$200

- Are there other sources where TeleHealth information can be found?
- There are many professional and government organizations that share valuable TeleHealth information
 - American TeleMedicine Association (ATA)
 - Mid Atlantic TeleHealth Resource Center (MATRC)
 - Center for TeleHealth and eHealth Law (Ctel)
 - Association of State and Territorial Health Officials (ASTHO)
 - Center for Connected Health Policy (CCHP)
 - National Telehealth Resource Centers (NTRCs)
 - Centers for Medicare & Medicaid Services (CMMS)
 - MANY OTHERS



5 - \$300


- How can I get involved in Kentucky TeleHealth?
- The KTHN Board meets the 2nd Monday of each March, June, September and December. We welcome all participants to get involved and share their ideas with the Board. Installation of 5 new Governor appointed members 12/11. We have sought to be inclusive of all healthcare professions, payors, facilities and patients. Including the CHFS and Medicaid. Please consider connecting with us.




5 - \$400


- Where is the Network located?
- The Kentucky TeleHealth "Network" does not manage a physical hardware/software infrastructure rather it is an "association" of TeleHealth locations all working to provide access to healthcare for all Kentuckians.





5 - \$500



- Where can I get more information about Telehealth in Kentucky?
- Tim Bickel, TeleHealth Director, University of Louisville tim.bickel@Louisville.edu (502)852-1559
- Rob Sprang, TeleHealth Director, University of Kentucky rsprang@uky.edu (859) 257-6404
- Donna Veno, Telehealth Board Administrator | Strategic Services Donna.Veno@ky.gov (502) 564-6478 ext. 2421 

FINAL
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Question

Final
TeleHealth-pardy

- Do you have any questions?
- Thank you for attending The KRHA Conference and this TeleHealth Breakout Session.
- **SAVE THE DATE**
 - 2nd Annual Kentucky TeleHealth Summit
 - May 24, 2018
 - Midway University Campus

